3.3.1- Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during 2016-2021

# 2016-2017



**1. Youth Interaction Programme on Educating Young & Future Voters** 

The programme was held at the Multi-Purpose Hall of Modern College, Imphal on 24-02-2017. The event was organized by the Chief Electoral Officer, Manipur, in collaboration with IQAC, Modern College, Imphal attended by around 67 students and few teachers.

# <u>2017-2018</u>

# 2. The 3rd International Day of Yoga 2017



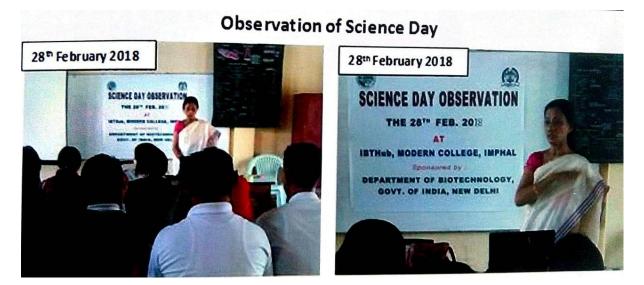
The 3<sup>rd</sup> International Day of Yoga was held at the Multi-Purpose Hall of the College on 21-06-2017. The occasion was organised by Modern College, Imphal and attended by around 40 student volunteers.

#### 3. One-Day Awareness Programme on Youth & HIV/AIDS



A One-Day Awareness Programme on Youth & HIV/AIDS was held at the Multi-Purpose Hall of the College on 23-06-2017. The programme was organized by Red Ribbon Club, Modern College Imphal. The event was attended by 55 students and some teachers.

#### 4. National Science Day



A One-Day Observation of National Science Day on the moto "Global Warming, Dooms Day-Think Globally, Act Locally" was organized by Institutional Biotechnology Hub (IBTHub), Modern College, Imphal on the 28<sup>th</sup> February, 2018. The event was sponsored by DBT, Government of India. About 42 participants, both students and teachers participated the event. Dr. O. Premila Chanu, Co-ordinator, IBT, Modern College, Imphal and Dr. K. Biren Singh, Principal, Modern College, Imphal graced the occasion as Chief Guest and functional President respectively.

## <u>2018-2019</u>

#### 5. World Environment Day 2018 cum One-Day Legal Awareness Programme



Observance of World Environment Day 2018 cum a One-Day Legal Awareness Programme was held at the Multi-purpose Hall of Modern College Imphal on 05-06-2018. The occasion was organized by the Environmental Club, Modern College in collaboration with District Legal Services Authority, Imphal East. The occasion was attended by 31 students and some teachers.

#### 6. International Day of Yoga 2018



The International Day of Yoga was held at the Multi-Purpose Hall of the College on 21-06-2018. The occasion was organised by Modern College, Porompat Imphal and attended by around 48 student volunteers.

## 7. Swachh Bharat Summer Internship 2018



NSS Cell, Modern College, Imphal; in collaboration with Local Club G.P. Member & Pradhan organized Swachh Bharat Summer Internship on 21-06-2018. The outreach event was held at Takhel and Wakha villages, Porompat, Imphal East. The programmes were attended by around 32 volunteer students.

#### 8. Rally on Swatch Bharat Mission



The Youth Red Cross Unit and NSS Cell Modern College Imphal organized the event on 30<sup>th</sup> September 2018 at DC Complex, Imphal East in collaboration with the DC Office, Imphal East. Fifteen students (9 girls and 6 boys) and two teachers, namely, Dr. Mairembam Thoibi Devi, Botany Department and Dr. Thoudam Bidyapati Devi, Co-ordinator, NSS Unit participated the event from the College.

## 9. Mushroom Cultivation Workshop



Mushroom Cultivation Workshop 2018 conducted at Department of Zoology, Modern College, Imphal

A Mushroom Cultivation Workshop was conducted in Classroom of Department of Zoology on 29-10-2018. The programme was organized by Institutional Biotech Hub (IBTHub), Modern College; in collaboration with Department of Biotechnology, Govt. of India. Dr. O. Premila Chanu, the Co-ordinator of IBTHub was the master trainer of the workshop. Around 34 BSc and BA students attended the workshop. The participants had a hand-on-training session, interactive sessions and a short presentation by the Co-ordinator, Dr. O. Premila Chanu.

#### **10. Adventure Programme for NSS Volunteers**



This programme was sponsored and organized by Government of India in collaboration with Government Higher Secondary & Higher Education University of Manipur, Nagaland, Mizoram, Tripura, Assam & Sikkim for NSS Volunteers at NIMAS, Dirang, Arunachal Pradesh. The event was held from 4<sup>th</sup> to 11<sup>th</sup> November, 2018. Two NSS Volunteers (students) of Modern College, Imphal participated and gain much knowledge and experience from the event.

11. Voluntary Blood Donation Awareness Campaign cum Donation Camp 2018



The Association of Voluntary Blood Donors (Manipur) Thoubal District Branch & NSS Unit Modern College, Imphal in collaboration with Blood Bank & Transfusion Unit, JNIMS, Porompat Imphal organized "Voluntary Blood Donation Awareness Campaign cum Donation Camp 2018" on 29-11-2018 at Iboyaima Sanglen, Imphal. Twenty students (13 girls and 7 boys) with two teachers namely, Dr. Th. Bidyapati Devi, Botany Department and Dr. Sharda Meinam Coordinator, NSS Unit represented the College community.



# 12. National Youth Parliament Festival 2019

National Youth Parliament Festival was held at the Multi-purpose Hall of the College on 27-01-2019. The event was organized by NSS Cell, Modern College. Around 30 students attended the function. Dr. N. Mohendro Singh, Chairman, COHSEM and Dr. K. Biren Singh, Principal, Modern College, attended the function as the Chief Guest and President the programme.

## 13. Campaign for Tobacco Free Zone College



An initiative to sensitize students to make the College campus completely smoke and tobacco free and to create a conducive academic environment, the NSS Cell, Modern College organized a one-day awareness campaign called "Campaign for Tobacco Free Zone College" on 13-03-2019 22. Around 22 students volunteered and attended the event.

#### 14. Campus Recruitment



A campus recruitment event was organized by Career Guidance and Counselling Cell, Modern College in collaboration with Assure Asset Advisory Pvt. Ltd, Manipur on 30th May 2019. Assure Asset Advisory (AAA), a private limited company which deals with banking and financial services with its registered office at 1st Floor, Sukham Building, Opp. Kwakeithel Bazaar, Imphal West-795001 came to the College for the recruitment event. The purpose of this campus recruitment was to provide job opportunities to students who have interest in banking and financial sector. Thus, its target group is the final year students, both arts and science stream. A team consisting of three members came from AAA to interview students who have interest in banking and financial sector. About 20 final year students participated the event. Along with some faculty members, Dr. Ramkhok Raikhan, Co-Ordinator, Career Guidance & Counselling Cell, Modern College, co-ordinated the successful conduct of the event.

# <u>2019-2020</u>

## 15. World Environment Day



World Environment Day was organized by Environmental Club, Modern College in collaboration with NSS Cell, Modern College on 5<sup>th</sup> June, 2019. About 35 students and 7 teachers carried out tree plantation and eco-awareness activities and programmes in the College Campus.

#### 16. Mega Rally on World Blood Donors Day 2019



NSS Cell Modern College, in collaboration with District NSS, Imphal East organized a Mega Rally on World Blood Donors' Day on 14-06-2019. The rally was attended by 70 student and teacher volunteers.

# 17. International Day of Yoga 2019



International Yoga Day 2019 was held on 21<sup>st</sup> June 2019, organized by Youth Red Cross Unit, Modern College in collaboration with the Indian Red Cross Society. Forty students (20 boys and 20 girls) and also seven (7) teachers participated the event. Ch. Rita Devi, Associate Professor of Department of English, Modern College Imphal was the Yoga instructor for the event.

# 18. Cycle Rally



NCC Unit, Modern College; in collaboration with NCC Head Quarter, Imphal organised a Cycle Rally on 24-06-2019 and participated by 45 NCC Cadets of Modern College Imphal.

#### 19. NSS Special Camp 2019



NSS Special Camp 2019 conducted at the Multi-Purpose Hall of the College from July 1-7, 2019 and organized by NSS Unit, Modern College. Forty student volunteers participated the Camp.

# 20. Three Days District Level DM (SERV) Volunteers Training Programme



Indian Red Cross Society, Manipur State Branch; in collaboration with YRC Modern College organized a "Three Days District Level DM (SERV) Volunteers Training Programme" in July 3-5, 2019 which was attended by 37 student volunteers.

## 21. Awareness on Environmental Pollution & Disposal of Electronic Wastes (PLEDGE)



A One-Day Awareness programme on Environmental Pollution and Disposal of Electronic Wastes was organized by NCC Unit, Modern College on 9<sup>th</sup> July, 2019 at the College. Around 43 students along with three teachers were the participants of the event.

#### 22. Academic Awareness Programme



A One-Day Academic Awareness Programme on the theme "Impact of Drugs on Student Community" was organised by Coalition Against Drugs and Alcohol (CADA), Manipur in collaboration with Career Guidance and Counselling Cell, Modern College, Imphal on 5th August, 2019 at Multi-purpose Hall, Modern College, Imphal. Dr. K. Biren Singh, Principal, Modern College, Imphal and Mr. Hijam Priyokumar, President, CADA, graced the occasion as presidium members. Dr. H. Angomacha, Senior Psychiatrist, District Hospital, Bishnupur and Geetchandra Mangang, General Secretary CADA, Manipur were the resource persons for the event. The speakers deliberated on drug abuse and drug addiction as major hindrances to the mental, moral, social and academic development of the youths. They emphasized that channelizing their active energies in the appropriate direction is of paramount challenge to the parents, teachers and the society at large. About 215 students and 25 teaching staffs participated the event. Dr. Ramkhok Raikhan, Co-Ordinator, Career Guidance & Counselling Cell, Modern College, thanked the speakers, dignitaries and all the participants for the success of the programme.



#### 23. One Day Career Awareness Programme

One Day Career Awareness Programme was organized on 14th September 2019 by Career Guidance and Counselling Cell, Modern College, with the theme "Plant It Now". Ch. Rajen Singh (Associate Professor, Modern College), Dr. R. Horam (Associate Professor, Modern College) and Mr. Thongam Ajitkumar (Management Faculty, B.Voc, Modern College) were the three speakers of the programme. The programme touched upon three important topics: Competitive exams and related opportunities, Academics and related opportunities and Awareness on vocational studies. Ch. Rajen provided lots of important information and guidelines for the young aspirants of civil service exams. Dr. R. Horam spoke in details the various academic research guidelines

and the opportunities that are available for a sincere researcher. Mr. Thongam Ajitkumar spoke on the importance of vocational studies in the context of Manipur society. Dr. K. Biren Singh, Principal Modern College encourages the students with his witty insights and words of wisdom. About 250 students and 20 teaching staffs participated the programme. Dr. Ramkhok Raikhan, Co-Ordinator, Career Guidance & Counselling Cell, Modern College, proposed the vote of thanks and acknowledge the speakers, dignitaries and all the participants for the success of the programme.



## 24. Awareness Programme on Voluntary Blood Donation

NSS Cell, Modern College, in collaboration with District Health Society, Imphal East conducted a one-day awareness programme on voluntary blood donation on 01-10-2019 at the Multi-Purpose Hall of the College. Twenty four students attended the programme.

#### 25. EBSB Easy Writing Competition



EBSB Club, Modern College, in collaboration with Govt. Girls' College, Sehore (Madhya Pradesh) organized and hosted the EBSB Programme 2019-20 and conducted an Easy Writing Competition on 25-01-2020. Thirty nine students participated the competition.

## 2020-2021

## 26. World Aids Day Observation



Observance of World Aids Day was held at the Multi-purpose Hall on 01-12-2020 of the College, organized by NSS Cell Modern College in collaboration with Red Ribbon Club Manipur. Approximately 120 students and teachers were present at the programme.

27. Dissemination of Youth Red Cross and One Day Awareness Programme on COVID-19 Pandemic



One-Day Awareness Programme on COVID-19 and Dissemination of Youth Red Cross was conducted on 14<sup>th</sup> December, 2020 in the College. Dr. Th. Bidyapati Devi, YRC Programme Officer of Modern College gave the keynote address. She spoke on the various issues and concerns posed by COVID-19 pandemic. Three team members from Indian Red Cross Society, Manipur State Branch were invited as speakers, Dr. RK. Nimai Singh (IAS Retd), General Secretary IRCS, Manipur State Branch took the chair of Chief Guest; Athokpam Nabachandra Singh, State Coordinator of IRC/YRC, Manipur and Vice-Chairman IRCS, Imphal East District as Guest of Honour and Dr. O. Premila Chanu, Principal Modern College, Imphal took the chair of Functional President respectively.

Dr. RK. Nimai Singh spoke on "Present Scenario on COVID-19 with reference to Manipur", Athokpam Nabachandra Singh delivered speech on the topic "History of Red Cross Society, Emblem & Fundamental Principle". Dr. Sunil Senjam, Assistant Professor, Biochemistry Department, Manipur University, Treasurer IRCS-Manipur State Branch delivered a speech on "Speed on Testing and vaccine of COVID-19 Pandemic". The programme was opened to the house and approximately 150 people including teaching staffs, non-teaching staffs and students attended the programme. The attendees shared opinions, thoughts and asked questions to the

speakers which made the programme a significant one. It was a brainstorming session and the participants benefitted much from the programme.

Dr. O. Premila Chanu in her presidential speech applauded the speakers for the relevance of their topics to the present scenario.

T. Sonmang Koren, YRC Programme Officer, Modern College proposed the vote of thanks and acknowledge the speakers, dignitaries and all the participants for the success of the programme.



28. Extension Lecture on "Science and Society"

IQAC, Modern College organized Extension Lecture on the topic "Science and Society", held at Audio Visual Hall, Modern College on 11-01-2021. Dr. Augustine Kshetrimayum, Doctoral Scientist, University of Berlin, Germany delivered invited talk to faculties and students of the College. Around 36 faculties and students were present for the session.

# 29. National Youth Day



NSS Cell, Modern College, Imphal, in collaboration with Local Club of Wakha Village organized the National Youth Day with the Theme "Channelizing Youth Power for Nation Building" on 12-01-2021 at Wakha Village, Imphal East. Fifty volunteer students participated the programme.

## 30. One Day Social Service Camp



NSS Cell, Modern College conducted a One Day Social Service Camp at the College Campus on 20-01-2021. Twenty NSS student volunteers participated in the cleaning drive.



## **31. Voluntary Blood Donation Awareness Campaign cum Blood Donation Camp 2021**

NSS Cell, Modern College & Modern College Teachers' Association (MCTA); in collaboration with Blood Bank & Transfusion Unit, JNIMS, Porompat, Imphal conducted a "Voluntary Blood Donation Awareness Campaign cum Blood Donation Camp 2021" at the Old Hall of the College on 25-02-2021. Number of student participants was 34.

## 32. International Women's Day



Observance of International Women's Day held at City Convention Auditorium, Imphal East on 10-03-2021. The occasion was organized by Manipur State Women Commission & National Commission for Women. NSS Cell Modern College participated the event with fifty student and teachers.

## 33. Azad Ka Amrut Mahosav



To mark "75th Years of India's Independence" a Symposium & Essay Competition was organized by IQAC & NSS Cell, Modern College under Azad Ka Amrut Mahosav was held at the Multipurpose Hall of the College on 12-03-2021. Forty five students participated in the competition.

## 34. Inter College Debate Competition



NCC Unit, Modern College, Imphal participated in the Inter College Debate Competition held at 14(n) BNNCC, Imphal on 27-03-2021. 2 students participated in the competition.



#### 35. Bharat Ka Amrut Mahotsav

Manipur State Wetlands Authority (MSWA) & Directorate of Environment & Climate Change, Govt. of Manipur; in collaboration with Environmental Club & NSS Unit, Modern College, Imphal organized Bharat Ka Amrut Mahotsav at Nambol Naorem, Utrapat on 11-04-2021. Fifty students along with some teachers participated the outreach programme.



# 36. Awareness Campaign on National Tika Utsav

NSS Cell, Modern College, in collaboration with JNIMS Hospital, Porompat conducted the campaign at JNIMS Hospital on April 11 – 14, 2021. No. of participants/students - 45

## 37. Bharat Ka Amrut Mahotsav



NSS Cell, Modern College; in collaboration with Directorate of Environment & Climate Change, Govt. of Manipur organized Bharat Ka Amrut Mahotsav at Karungpat, Imphal East on 18-04-2021. Number of participants/students - 50

## 38. Swachhta Pakhwada- Cleaning Drive



NSS Cell, Modern College conducted Cleaning Drive under Swachhta Pakhwada Mission in the vicinity of the College Campus, including the JNIMS Hospital Road on 10-08-2021. Number of student participants - 37

#### 39. 52nd NSS Day 2021



NSS Cell, Modern College participated in the Observance of 52<sup>nd</sup> NSS Day 2021 at Indoor Hall, National Sports Academy, Khuman Lampak on 24-09-2021, organized by State NSS Cell, Department of Youth Affairs, Government of Manipur. Dr. Sharda Meinam, Co-ordinator of NSS Unit Modern College, along with ten students attended the event.

#### 40. Clean India Campaign



To mark the occasion of Gandhi Jayenti, NSS Cell, Modern College conducted Clean India Campaign on 02-10-2021. Dr. Sharda Meinam, Co-ordinator of NSS Unit Modern College, and 35 student volunteers conducted the social service to create cleanliness awareness by participating in the cleaning drive carried out at the Shri Govindaji Temple, Imphal.

41. One Day Legal Awareness Programme on "Legal Rights of Women"



NSS Cell & IQAC, Modern College in collaboration with Manipur State Commission for Women & District Legal Services Authority, Imphal East and Manipur State Legal Services Authority under the aegis of National Legal Services Authority (NALSA) conducted a One-Day Legal Awareness Programme on "Legal Rights of Women" at the Audio Visual Hall, Modern College on 05-10-2021. Number of participants of the programme - 52

# 42. National Unity Day



Observance of National Unity Day (Rashtriya Ekta Diwas) was held at the Audio Visual Hall (AVH) of the College on 31-10-2021. The occasion was organized by IQAC, NSS & NCC Modern College. The event was attended by students and faculties numbering around 28 participants.

#### 43. Human Rights Awareness Programme



To mark the celebration of International Human Rights Day, the Human Rights Education Cell, Modern College, organized Human Rights Awareness Programme at the Multi-purpose Hall of the College on 10-12-2021. Number of attendees – 85

## 44. SVEEP Campaign- Familiarization of EVM/VVPAT



Electoral Literacy Club & IQAC, Modern College, Imphal; in collaboration with District Election Officer, Imphal East organized the programme at the Multi-purpose Hall, on 13-12-2021. Thirty eight (38) students participated in the session.

## 45. NSS Special Camp 2021



NSS Special Camp 2021, on the theme "Youth for better environment" was organized by NSS Cell, Modern College and held on December 17-23, 2021. Number of faculty and students who attended the camp - 60

## 46. One Day Voluntary Blood Donation Camp 2021



One Day Voluntary Blood Donation Camp 2021 organized by NSS Cell, Modern College, in collaboration with Blood Bank & Transfusion Unit, JNIMS, Porompat, Imphal on 22-12-2021. Number of teacher and student participants- 20

47. Integrated Communication & Outreach Programme on "Azadi Ka Amrit Mahotsav & COVID-19 Vaccination"



The NSS Cell & IQAC, Modern College in collaboration with the Bureau of Outreach Communication, Regional Outreach Bureau, Imphal, organized an Outreach Programme "Azadi Ka Amrit Mahotsav & COVID-19 Vaccination" on 23<sup>rd</sup> December, 2021 at the College. The team leaders, teachers and student volunteers numbering around 56 attended and took part in various activities.